

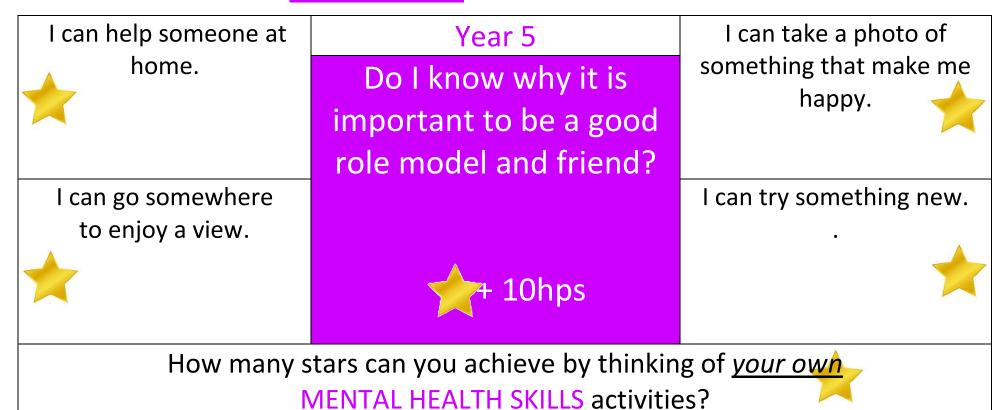
## The life skill focus this half term is MENTAL HEALTH SKILLS.

Can you try these activities at home?

You could take a photograph, record a video, draw a picture or produce a piece

of writing to show us what you've done and attach to the assignment in your class' Life Skill Channel or bring your evidence into school.

Your year group focus question is worth a gold r and 10hps.



Don't forget to upload them in your Life Skill Channel or bring a paper copy into school.

Aspire to be our half-termly Life Skill Champion by achieving the most gold stars and win a star badge!